

Pickleball Lessons

Instructed by: Bob McIntyre

Wednesdays

Ridgewood Baptist Church – gymnasium

11:15 AM – 12:15 PM

MIN 4

MAX 12

Pickleball for Beginners

CODE 332001-01 January 15, 22, 29, Feb 5

FEES: \$20 Residents/\$30 EBSD/\$40 Non Residents

Get started with the great sport for all ages – PICKLEBALL – a fun game with a strange name. This class will cover the rules, etiquette and skills needed to get started. You will learn the seven main shots of pickleball and how to play the game, keep score and move on the court. At the end of the last sessions, time will be given to play games. Come get some exercise, have fun, and get involved in the fastest growing sport in America. Paddles will be available or bring your own. Wear good court shoes. Handouts (e-copies) of instructional resources will be provided.

Pickleball Jump Start for Experienced Racquet Players

CODE 332001-02 February 12, 19

CODE 332001-03 February 26, March 4

FEES: \$10 Residents/\$15 EBSD/\$20 Non Residents (for each 2 week session)

For experienced racquet players, get started quickly with the great sport for all ages – PICKLEBALL – a fun game with a strange name. The first hour will briefly cover the basic shots of pickleball in the sequence of a game. The last hour will cover rules and etiquette as you learn to play the game, keep score and move on the court with some game strategy. Paddles will be available or bring your own. Wear good court shoes. Handouts (e-copies) of instructional resources will be provided.

Drills & Skills Workout for Social Players

CODE 432001-01 April 15, 22, 29, May 6

FEES: \$20 Residents/\$30 EBSD/\$40 Non Residents

Most people agree you can't improve playing a game by just playing the game. Come improve your pickleball skills with multiple workouts of repetitive drills. With instruction and demonstrations, the repetitive drills will cover the serve, return of serve (drive), drop shot, dink, volley, lob and overhead smash. At the end of each session, time will be given to play a game to apply what's been drilled. Wear good court shoes. Handouts (e-copies) of instructional resources will be provided.